

# Mental health care phase code N

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## Identifying and definitional attributes

<b>Metadata item type:</b>	Value Domain
<b>METEOR identifier:</b>	745020
<b>Registration status:</b>	<a href="#">Health!</a> , Standard 17/12/2021
<b>Definition:</b>	A code set describing the phases of mental health care.

## Representational attributes

<b>Representation class:</b>	Code
<b>Data type:</b>	Number
<b>Format:</b>	N
<b>Maximum character length:</b>	1

	<b>Value</b>	<b>Meaning</b>
<b>Permissible values:</b>	1	Acute
	2	Functional gain
	3	Intensive extended
	4	Consolidating gain
<b>Supplementary values:</b>	7	Not applicable
	9	Not stated/inadequately described

## Collection and usage attributes

<b>Guide for use:</b>	<p>The primary goal of care that is reflected in the patient's mental health treatment plan.</p> <p>It reflects a prospective assessment of the primary goal of care at the time of collection, rather than a retrospective assessment.</p> <p>CODE 1 Acute</p> <p>The primary goals of care are intended to reduce high levels of distress, manage complex symptoms, contain and reduce immediate risk.</p> <p>CODE 2 Functional gain</p> <p>The primary goal of care is to improve personal, social or occupational functioning or promote psychosocial adaptation in a patient with impairment arising from a psychiatric disorder.</p> <p>CODE 3 Intensive extended</p> <p>The primary goal of care is prevention or minimisation of further deterioration, and reduction of risk of harm in a patient who has a stable pattern of severe symptoms, frequent relapses or severe inability to function independently and is judged to require care over an indefinite period.</p> <p>CODE 4 Consolidating gain</p> <p>The primary goal of care is to maintain the level of functioning, or improving functioning during a period of recovery, minimise deterioration or prevent relapse where the patient has stabilised and functions relatively independently. Consolidating gain may also be known as maintenance.</p> <p>CODE 7 Not applicable</p> <p>The phase of mental health care is not applicable.</p> <p>CODE 9 Not stated/inadequately described</p> <p>This code is not for use in primary data collections.</p>
<b>Comments:</b>	<p>Previously reported CODE 5 (Assessment only) has been removed as a <a href="#">mental health phase of care</a> and redefined as an administrative data item. This is captured in <a href="#">Episode of care—clinical assessment only indicator, yes/no/not stated/inadequately described, code N</a>.</p>

## Source and reference attributes

<b>Submitting organisation:</b>	Independent Hospital Pricing Authority
<b>Reference documents:</b>	<p>Independent Hospital Pricing Authority 2016. Mental Health Phase of Care Guide. Independent Hospital Pricing Authority, Sydney. Viewed 7 September 2016, <a href="https://www.ihpa.gov.au/publications/mental-health-phase-care-guide">https://www.ihpa.gov.au/publications/mental-health-phase-care-guide</a></p>

## Relational attributes

<b>Related metadata references:</b>	Supersedes <a href="#">Mental health care phase code N Health!</a> , Superseded 17/12/2021
<b>Data elements implementing this value domain:</b>	<a href="#">Episode of care—mental health phase of care, code N Health!</a> , Standard 17/12/2021