

Counselling—face to face

Exported from METEOR (AIHW's Metadata Online Registry)

© Australian Institute of Health and Welfare 2024

This product, excluding the AIHW logo, Commonwealth Coat of Arms and any material owned by a third party or protected by a trademark, has been released under a Creative Commons BY 4.0 (CC BY 4.0) licence. Excluded material owned by third parties may include, for example, design and layout, images obtained under licence from third parties and signatures. We have made all reasonable efforts to identify and label material owned by third parties.

You may distribute, remix and build on this website's material but must attribute the AIHW as the copyright holder, in line with our attribution policy. The full terms and conditions of this licence are available at <https://creativecommons.org/licenses/by/4.0/>.

Enquiries relating to copyright should be addressed to info@aihw.gov.au.

Enquiries or comments on the METEOR metadata or download should be directed to the METEOR team at meteor@aihw.gov.au.

Counselling—face to face

Identifying and definitional attributes

Metadata item type:	Glossary Item
METEOR identifier:	721748
Registration status:	Health! , Standard 16/01/2020
Definition:	<p>Counselling services operate through a range of mediums including face-to-face, telephone and online. This service type is intended only for services providing face-to-face counselling.</p> <p>Counselling services provide a structured process that is concerned with addressing and resolving specific problems, making decisions, working through feelings and inner conflicts, or improving relationships with others (BAC 1986). Counselling facilitates personal growth, development, self-understanding and the adoption of constructive life practices.</p> <p>The counselling process will depend on the individual counsellor, the individual client and the specific issue.</p>
Context:	Mental health non-government organisation establishments service type taxonomy.

Collection and usage attributes

Guide for use:	<p><i>Distinguishing features:</i></p> <ul style="list-style-type: none">• Delivered face-to-face• Primarily centre-based• Includes individual, family and group counselling <p><i>Inclusions:</i></p> <ul style="list-style-type: none">• Talking therapies• Grief counselling• Relationship counselling <p><i>Exclusions:</i></p> <ul style="list-style-type: none">• Counselling delivered in the context of other service types, e.g. Personalised support, carer support programs
-----------------------	--

Source and reference attributes

Submitting organisation:	Australian Institute of Health and Welfare
---------------------------------	--

Relational attributes

Related metadata references:	Supersedes Counselling—face to face Health! , Superseded 16/01/2020
Metadata items which use this glossary item:	Mental health non-government organisation payments cluster Health! , Standard 16/01/2020