# National Indigenous Reform Agreement: PI 04-Levels of risky alcohol consumption, 2020

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# National Indigenous Reform Agreement: PI 04-Levels of risky alcohol consumption, 2020

# Identifying and definitional attributes

Metadata item type: Indicator Indicator type: Indicator

**Short name:** PI 04-Levels of risky alcohol consumption, 2020

METEOR identifier: 718478

**Registration status:** Indigenous, Standard 23/08/2019

**Description:** The proportion of Australians who consume alcohol at risky/high risk levels, by

Indigenous status.

Rationale: Excessive alcohol consumption is a major risk factor that contributes to ill health. Of

those who drink, Indigenous Australians are more likely to consume alcohol at risky/high risk levels. Reducing the rate at which Indigenous Australians drink at

hazardous levels will assist in closing the gap in life expectancy.

Indicator set: National Indigenous Reform Agreement (2020)

Indigenous, Standard 23/08/2019

Outcome area: Indigenous people remain healthy and free of preventable disease

Indigenous, Standard 21/07/2010

Data quality statement: National Indigenous Reform Agreement: PI 04-Levels of risky alcohol consumption,

2020; Quality Statement

Indigenous, Standard 06/02/2020

# Collection and usage attributes

Population group age

from:

18 years

**Computation description:** Crude rates are calculated for Indigenous Australians.

Age-standardised rates are calculated for Indigenous and non-Indigenous

Australians.

95% confidence intervals (CI) and relative standard errors are calculated for crude

and age-standardised rates.

Rate ratios and rate differences are calculated for comparisons between Indigenous and non-Indigenous Australians (using age-standardised rates).

Presentation: percentage, rate per 100 persons, rate ratios, rate differences,

relative standard errors and 95% Cls.

**Computation:** Crude rate: 100 x (Numerator ÷ Denominator).

Age-standardised rate: calculated using the direct method, with the Australian standard population as at 30 June 2001 as the standard. Ten-year age groups are used up to 55 and over to be consistent with estimates published by the Australian Bureau of Statistics (ABS). For this indicator, the age groups used are: 18–24; 25–

34; 35-44; 45-54; 55 and over.

Rate ratio: Indigenous age-standardised rate divided by non-Indigenous age-

standardised rate.

Rate difference: Indigenous age-standardised rate minus non-Indigenous age-

standardised rate.

**Numerator:** People aged 18 and over assessed as having engaged in risky or high risk alcohol

consumption.

Numerator data elements: Data Element / Data Set-

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Person-age

**Data Source** 

ABS 2017-18 National Health Survey (NHS)

Guide for use

Data source type: Survey.

#### Data Element / Data Set-

Person—alcohol consumption amount (self-reported)

**Data Source** 

ABS 2017-18 National Health Survey (NHS)

Guide for use

Data source type: Survey.

#### Data Element / Data Set-

Person—alcohol consumption frequency (self-reported)

**Data Source** 

ABS 2017-18 National Health Survey (NHS)

Guide for use

Data source type: Survey.

#### Data Element / Data Set-

Person—age

**Data Source** 

ABS 2018-19 National Aboriginal and Torres Strait Islander Health Survey (NATSIHS)

Guide for use

Data source type: Survey.

## -Data Element / Data Set-

Person—alcohol consumption amount (self-reported)

**Data Source** 

ABS 2018-19 National Aboriginal and Torres Strait Islander Health Survey (NATSIHS)

Guide for use

Data source type: Survey.

#### Data Element / Data Set

Person—alcohol consumption frequency (self-reported)

**Data Source** 

ABS 2018-19 National Aboriginal and Torres Strait Islander Health Survey (NATSIHS)

Guide for use

Data source type: Survey.

#### **Denominator:**

Total populations (Indigenous and non-Indigenous Australians) aged 18 and over.

# Denominator data elements:

#### Data Element / Data Set-

Person-age

**Data Source** 

ABS 2017-18 National Health Survey (NHS)

Guide for use

Data source type: Survey.

#### Data Element / Data Set-

Person—age

Data Source

ABS 2018-19 National Aboriginal and Torres Strait Islander Health Survey (NATSIHS)

Guide for use

Data source type: Survey.

#### Disaggregation:

National, state/territory, remoteness area: by alcohol risk level for Indigenous Australians (crude rates).

National, state/territory, remoteness area: by alcohol risk level, by Indigenous status (age-standardised rates).

# Disaggregation data elements:

#### Data Element / Data Set-

Person—area of usual residence, statistical area level 1 (SA1) (ASGS 2016)

Data Source

ABS 2017-18 National Health Survey (NHS)

Guide for use

Data source type: Survey.

#### Data Element / Data Set-

Person—Indigenous status

**Data Source** 

ABS 2017-18 National Health Survey (NHS)

Guide for use

Data source type: Survey.

#### Data Element / Data Set-

Person—area of usual residence, statistical area level 1 (SA1) (ASGS 2016)

**Data Source** 

ABS 2018-19 National Aboriginal and Torres Strait Islander Health Survey (NATSIHS)

Guide for use

Data source type: Survey.

#### Comments:

Most recent data available are for the 2018-19 National Aboriginal and Torres Strait Islander Health Survey (NATSIHS) (Indigenous data) and the 2017-18 National Health Survey (NHS) (non-Indigenous data) and are included in this cycle of reporting.

The 2014 report presented data from the National Aboriginal and Torres Strait Islander Health Survey (NATSIHS) component of the 2012–13 Australian Aboriginal and Torres Strait Islander Health Survey (AATSIHS) and the 2011–12 National Health Survey component of the ABS Australian National Health Survey (AHSNHS) 2011–13.

Risky and high risk alcohol consumption based on estimated average daily consumption.

This indicator meets two Council of Australian Governments (COAG) specific outcome areas: Indigenous people remain healthy and free of preventable disease, and alcohol and other drug abuse among Indigenous people is overcome.

At this stage, data are available for persons aged 15 and over only. Data from the NATSIHS are available for very remote areas. The NHS does not cover very remote areas and discrete Aboriginal and Torres Strait Islander communities.

Baseline year for the COAG Closing the Gap target (Close the life expectancy gap within a generation) is 2006 using the 3-year average of 2005–2007; baseline for this indicator is the financial year 2004–05; target year is 2031.

Risky or high risk alcohol consumption is measured by the concept of 'Lifetime risk of alcohol harm' which is currently based on the 2009 National Health and Medical Research Council (NHMRC) guidelines. According to these guidelines, the consumption of 2 or more standard drinks on any day increases the lifetime risk of harm for both men and women. This has been operationalised as: for both males and females, an average of more than 2 standard drinks per day in the last week.

Data for risky/high risk alcohol consumption based on the 2009 NHMRC Guidelines are not comparable with data based on the 2001 NHMRC Guidelines.

The term 'Aboriginal and Torres Strait Islander people' is preferred when referring to the separate Indigenous peoples of Australia. However, the term 'Indigenous' is used interchangeably with 'Aboriginal and Torres Strait Islander' in this indicator to assist readability.

# Representational attributes

Representation class: Percentage

Data type: Real
Unit of measure: Person
Format: N[N].N

Indicator conceptual framework

Framework and Health Behaviours dimensions:

**Data source attributes** 

Data sources:

**Data Source** 

ABS 2017-18 National Health Survey (NHS)

Frequency

Every 3 years

Data custodian

Australian Bureau of Statistics

#### **Data Source**

ABS 2018-19 National Aboriginal and Torres Strait Islander Health Survey (NATSIHS)

Data custodian

Australian Bureau of Statistics

## **Accountability attributes**

**Reporting requirements:** National Indigenous Reform Agreement.

Organisation responsible

for providing data:

Australian Bureau of Statistics

## Source and reference attributes

**Submitting organisation:** Australian Institute of Health and Welfare

Steward: National Indigenous Reform Agreement Performance Information Management

Group

Reference documents: NHMRC (National Health and Medical Research Council) 2001. Australian alcohol

guidelines: health risks and benefits. Canberra: NHMRC.

NHMRC 2009. Australian guidelines to reduce health risks from drinking alcohol.

Canberra: NHMRC.

## Relational attributes

Related metadata references:

Supersedes National Indigenous Reform Agreement: PI 04-Levels of risky alcohol

consumption, 2019

Indigenous, Superseded 23/08/2019

See also National Healthcare Agreement: PI 05-Levels of risky alcohol

consumption, 2019

Health!, Superseded 13/03/2020

See also National Healthcare Agreement: PI 05-Levels of risky alcohol

consumption, 2022

Health!, Standard 24/09/2021