

National Healthcare Agreement: PB d–Better health: by 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline, 2019

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Identifying and definitional attributes

Metadata item type:	Indicator
Indicator type:	Indicator
Short name:	PB d–By 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline, 2019
METEOR identifier:	698946
Registration status:	Health! , Superseded 13/03/2020
Description:	Proportion of adults and children who are in the ‘normal’ Body Mass Index (BMI) range.
Indicator set:	National Healthcare Agreement (2019) Health! , Superseded 13/03/2020
Outcome area:	Prevention Health! , Standard 07/07/2010

Collection and usage attributes

Population group age from:	5 years
Computation description:	<p>BMI is calculated as weight (in kilograms) divided by the square of height (in metres).</p> <p>For adults, healthy weight is defined as a BMI of greater than or equal to 18.5 and less than 25.0.</p> <p>For children, healthy weight is defined as a BMI (appropriate for age and sex) that is likely to be greater than or equal to 18.5 and less than 25.0 at age 18, based on centile curves. See <i>ABS National Health Survey: Users' Guide, 2011–13</i> (ABS cat. no. 4363.0.55.001) for BMI cut-off values for children.</p> <p>Rates are directly age-standardised to the 2001 Australian population.</p> <p>Excludes pregnant women where identified and people with an unknown BMI.</p> <p>Presented as a percentage.</p> <p>95% confidence intervals and relative standard errors calculated for rates.</p>
Computation:	$100 \times (\text{Numerator} \div \text{Denominator})$ Calculated separately for adults and children
Numerator:	Adults: Number of persons aged 18 and over with a healthy body weight. Children: Number of persons aged 5–17 with a healthy body weight.

Numerator data elements:

Data Element / Data Set

Adult—Body Mass Index

Data Source

[ABS 2014-15 National Health Survey \(NHS\)](#)

Guide for use

Data source type: Survey

Data Element / Data Set

Child—Body Mass Index

Data Source

[ABS 2014-15 National Health Survey \(NHS\)](#)

Guide for use

Data source type: Survey

Data Element / Data Set

Person—age

Data Source

[ABS 2014-15 National Health Survey \(NHS\)](#)

Guide for use

Data source type: Survey

Denominator:

Adults: Population aged 18 and over

Children: Population aged 5–17

Denominator data elements:

Data Element / Data Set

Person—age

Data Source

[ABS 2014-15 National Health Survey \(NHS\)](#)

Guide for use

Data source type: Survey

Disaggregation:

State and territory.

Some disaggregation may result in numbers too small for publication.

Disaggregation data elements:

Data Element / Data Set

Person—area of usual residence

Data Source

[ABS 2014-15 National Health Survey \(NHS\)](#)

Guide for use

Data source type: Survey

Comments:

Most recent data available for 2019 National Healthcare Agreement performance reporting: 2014–15.

NO NEW DATA FOR 2019 REPORTING.

Baseline: 2007–08

2014–15 data are based on measured height and weight. BMI derived from measured height and weight is preferable to that derived from self-reported height and weight.

Representational attributes

Representation class: Percentage

Data type: Real

Unit of measure: Person

Format: N[NN].N

Indicator conceptual framework

Framework and dimensions: [Health behaviours](#)

[Bio-medical factors](#)

Data source attributes

Data sources:

Data Source

[ABS 2014-15 National Health Survey \(NHS\)](#)

Frequency

Every 3 years

Data custodian

Australian Bureau of Statistics

Accountability attributes

Reporting requirements: National Healthcare Agreement

Organisation responsible for providing data: Australian Bureau of Statistics

Benchmark: National Healthcare Agreement Performance Benchmark:

By 2018, increase by five percentage points the proportion of Australian adults and Australian children at a healthy body weight, over the 2009 baseline.

Refer: http://www.federalfinancialrelations.gov.au/content/npa/health/_archive/healthcare_national-agreement.pdf

Further data development / collection required: Specification: Final, the measure meets the intention of the indicator.

Relational attributes

Related metadata references:

Supersedes [National Healthcare Agreement: PB d–Better health: by 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline, 2018](#)

[Health!](#), Superseded 19/06/2019

Has been superseded by [National Healthcare Agreement: PB d–Better health: by 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline, 2020](#)

[Health!](#), Standard 13/03/2020

See also [National Healthcare Agreement: PI 03–Prevalence of overweight and obesity, 2019](#)

[Health!](#), Superseded 13/03/2020

See also [National Indigenous Reform Agreement: PI 05-Prevalence of overweight and obesity, 2020](#)

[Indigenous](#), Standard 23/08/2019