Psychological distress cluster

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# Psychological distress cluster

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| --- | --- | --- | --- | --- |
| Seq No. | Metadata item | METEOR identifier | Data Type [Length] | Value & Meaning |
| 1 | [Type of psychological distress](https://meteor-uat.aihw.gov.au/content/634032)  | 634032 | Number
[2] |

|  |  |
| --- | --- |
| 1  | Tired out for no good reason |
| 2  | Nervous |
| 3  | So nervous that nothing could calm you down |
| 4  | Hopeless |
| 5  | Restless or fidgety |
| 6  | So restless that you could not sit still |
| 7  | Depressed |
| 8  | Like everything was an effort |
| 9  | So sad that nothing could cheer you up |
| 10  | Worthless |

 |
| 2 | [Frequency of symptoms](https://meteor-uat.aihw.gov.au/content/634117) | 634117 | Number
[1] |

|  |  |
| --- | --- |
| 1  | None of the time |
| 2  | A little of the time |
| 3  | Some of the time |
| 4  | Most of the time |
| 5  | All of the time |
| 9  | Unknown |

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| 3 | [Level of psychological distress (K-10 score)](https://meteor-uat.aihw.gov.au/content/634094) | 634094 | Number
[1] |

|  |  |
| --- | --- |
| 1  | Low (score of 10-19) |
| 2  | Mild (score of 20-24) |
| 3  | Moderate (score of 25-29) |
| 4  | Severe (score of 30-50) |
| 9  | Not stated/inadequately described |

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