Psychological distress cluster

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# Psychological distress cluster

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| |  |  |  |  |  | | --- | --- | --- | --- | --- | | Seq No. | Metadata item | METEOR identifier | Data Type [Length] | Value & Meaning | | 1 | [Type of psychological distress](https://meteor-uat.aihw.gov.au/content/634032) | 634032 | Number [2] | |  |  | | --- | --- | | 1 | Tired out for no good reason | | 2 | Nervous | | 3 | So nervous that nothing could calm you down | | 4 | Hopeless | | 5 | Restless or fidgety | | 6 | So restless that you could not sit still | | 7 | Depressed | | 8 | Like everything was an effort | | 9 | So sad that nothing could cheer you up | | 10 | Worthless | | | 2 | [Frequency of symptoms](https://meteor-uat.aihw.gov.au/content/634117) | 634117 | Number [1] | |  |  | | --- | --- | | 1 | None of the time | | 2 | A little of the time | | 3 | Some of the time | | 4 | Most of the time | | 5 | All of the time | | 9 | Unknown | | | 3 | [Level of psychological distress (K-10 score)](https://meteor-uat.aihw.gov.au/content/634094) | 634094 | Number [1] | |  |  | | --- | --- | | 1 | Low (score of 10-19) | | 2 | Mild (score of 20-24) | | 3 | Moderate (score of 25-29) | | 4 | Severe (score of 30-50) | | 9 | Not stated/inadequately described | | |