

# Psychological distress cluster

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# Psychological distress cluster

Seq No.	Metadata item	METEOR identifier	Data Type [Length]	Value & Meaning
1	<a href="#">Type of psychological distress</a>	634032	Number [2]	1 Tired out for no good reason 2 Nervous 3 So nervous that nothing could calm you down 4 Hopeless 5 Restless or fidgety 6 So restless that you could not sit still 7 Depressed 8 Like everything was an effort 9 So sad that nothing could cheer you up 10 Worthless
2	<a href="#">Frequency of symptoms</a>	634117	Number [1]	1 None of the time 2 A little of the time 3 Some of the time 4 Most of the time 5 All of the time 9 Unknown
3	<a href="#">Level of psychological distress (K-10 score)</a>	634094	Number [1]	1 Low (score of 10-19) 2 Mild (score of 20-24) 3 Moderate (score of 25-29) 4 Severe (score of 30-50) 9 Not stated/inadequately described