

Person—level of psychological distress, K-10 score of psychological distress code N

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Person—level of psychological distress, K-10 score of psychological distress code N

Identifying and definitional attributes

Metadata item type:	Data Element
Short name:	Level of psychological distress (K-10 score)
METEOR identifier:	634094
Registration status:	Health! , Standard 28/04/2016
Definition:	The level of psychological distress experienced by a person in the four weeks prior to interview, as represented by a code (score on the K-10 scale).

Data element concept attributes

Identifying and definitional attributes

Data element concept:	Person—level of psychological distress
METEOR identifier:	634091
Registration status:	Health! , Standard 28/04/2016
Definition:	The level of psychological distress experienced by a person in the four weeks prior to interview.
Object class:	Person
Property:	Level of psychological distress

Source and reference attributes

Submitting organisation: Australian Institute of Health and Welfare

Value domain attributes

Identifying and definitional attributes

Value domain:	K-10 score of psychological distress code N
METEOR identifier:	634146
Registration status:	Health! , Standard 28/04/2016
Definition:	Score on the K-10 scale measuring levels of psychological distress.

Representational attributes

Classification scheme:	K-10 score								
Representation class:	Code								
Data type:	Number								
Format:	N								
Maximum character length:	1								
Permissible values:	<table><thead><tr><th>Value</th><th>Meaning</th></tr></thead><tbody><tr><td>1</td><td>Low (score of 10-19)</td></tr><tr><td>2</td><td>Mild (score of 20-24)</td></tr><tr><td>3</td><td>Moderate (score of 25-29)</td></tr></tbody></table>	Value	Meaning	1	Low (score of 10-19)	2	Mild (score of 20-24)	3	Moderate (score of 25-29)
Value	Meaning								
1	Low (score of 10-19)								
2	Mild (score of 20-24)								
3	Moderate (score of 25-29)								

	4	Severe (score of 30-50)
Supplementary values:	9	Not stated/inadequately described

Collection and usage attributes

Guide for use: This item records the score on the Kessler -10 (K-10), which is a standardised measure of non-specific psychological distress. The K-10 is based on questions about the level of nervousness, agitation, psychological fatigue and depression during the last 4 weeks. It is designed to discriminate between those people who have a serious mental illness and those who do not.

Data element attributes

Collection and usage attributes

Guide for use: This data element should be used in conjunction with the data elements: [Person—type of psychological distress, code N\[N\]](#) and [Person—frequency of symptoms, code N](#) to determine the K-10 score.

Source and reference attributes

Submitting organisation: Australian Institute of Health and Welfare

Relational attributes

Related metadata references: See also [Person—frequency of symptoms, code N Health!](#), Standard 28/04/2016
See also [Person—type of psychological distress, code N\[N\] Health!](#), Standard 28/04/2016

Implementation in Data Set Specifications: [Psychological distress cluster Health!](#), Standard 28/04/2016