Person—type of psychological distress, code N[N]

Exported from METEOR

(AIHW's Metadata Online Registry)

© Australian Institute of Health and Welfare 2024

This product, excluding the AIHW logo, Commonwealth Coat of Arms and any material owned by a third party or protected by a trademark, has been released under a Creative Commons BY 4.0 (CC BY 4.0) licence. Excluded material owned by third parties may include, for example, design and layout, images obtained under licence from third parties and signatures. We have made all reasonable efforts to identify and label material owned by third parties.

You may distribute, remix and build on this website’s material but must attribute the AIHW as the copyright holder, in line with our attribution policy. The full terms and conditions of this licence are available at https://creativecommons.org/licenses/by/4.0/.

Enquiries relating to copyright should be addressed to info@aihw.gov.au.

Enquiries or comments on the METEOR metadata or download should be directed to the METEOR team at meteor@aihw.gov.au.

# Person—type of psychological distress, code N[N]

|  |
| --- |
| Identifying and definitional attributes |
| Metadata item type: | Data Element |
| Short name: | Type of psychological distress  |
| METEOR identifier: | 634032 |
| Registration status: | [Health!](https://meteor-uat.aihw.gov.au/RegistrationAuthority/14), Standard 28/04/2016 |
| Definition: | The type of psychological distress experienced by a person, as represented by a code. |

|  |
| --- |
| Data element concept attributes |
| Identifying and definitional attributes |
| Data element concept: | [Person—type of psychological distress](https://meteor-uat.aihw.gov.au/content/634081) |
| METEOR identifier: | 634081 |
| Registration status: | [Health!](https://meteor-uat.aihw.gov.au/RegistrationAuthority/14), Standard 28/04/2016 |
| Definition: | The type of psychological distress experienced by a person. |
| Object class: | [Person](https://meteor-uat.aihw.gov.au/content/268955) |
| Property: | [Type of psychological distress](https://meteor-uat.aihw.gov.au/content/634049) |
| Source and reference attributes |
| Submitting organisation: | Australian Institute of Health and Welfare |

|  |
| --- |
| Value domain attributes  |
| Identifying and definitional attributes |
| Value domain: | [Type of psychological distress code N[N]](https://meteor-uat.aihw.gov.au/content/634037) |
| METEOR identifier: | 634037 |
| Registration status: | [Health!](https://meteor-uat.aihw.gov.au/RegistrationAuthority/14), Standard 28/04/2016 |
| Definition: | A code set representing types of anxiety and depressive symptoms. |

|  |
| --- |
| Representational attributes |
| Representation class: | Code |
| Data type: | Number |
| Format: | N[N] |
| Maximum character length: | 2 |
|   | **Value** | **Meaning** |
| Permissible values: | 1 | Tired out for no good reason |
|   | 2 | Nervous |
|   | 3 | So nervous that nothing could calm you down |
|   | 4 | Hopeless |
|   | 5 | Restless or fidgety |
|   | 6 | So restless that you could not sit still |
|   | 7 | Depressed |
|   | 8 | Like everything was an effort |
|   | 9 | So sad that nothing could cheer you up |
|   | 10  | Worthless  |

|  |
| --- |
| Collection and usage attributes |
| Guide for use: | This question is sourced from the Kessler-10 (K-10). The scale consists of ten questions about non-specific psychological distress and seeks to measure the level of current anxiety and depressive symptoms a person may have experienced in the four weeks prior to interview.  |

|  |
| --- |
| Source and reference attributes |
| Submitting organisation: |  Australian Institute of Health and Welfare |

|  |
| --- |
| Data element attributes  |
| Collection and usage attributes |
| Guide for use: | This data element should be used in conjunction with the data elements: [Person—frequency of symptoms, code N](https://meteor-uat.aihw.gov.au/content/634117) and [Person—level of psychological distress, K-10 score of psychological distress code N](https://meteor-uat.aihw.gov.au/content/634094). |
| Source and reference attributes |
| Submitting organisation: | Australian Institute of Health and Welfare |
| Relational attributes |
| Related metadata references: | See also [Person—frequency of symptoms, code N](https://meteor-uat.aihw.gov.au/content/634117)[Health!](https://meteor-uat.aihw.gov.au/RegistrationAuthority/14), Standard 28/04/2016See also [Person—level of psychological distress, K-10 score of psychological distress code N](https://meteor-uat.aihw.gov.au/content/634094)[Health!](https://meteor-uat.aihw.gov.au/RegistrationAuthority/14), Standard 28/04/2016 |
| Implementation in Data Set Specifications: | [Psychological distress cluster](https://meteor-uat.aihw.gov.au/content/634099)[Health!](https://meteor-uat.aihw.gov.au/RegistrationAuthority/14), Standard 28/04/2016 |