

Person—type of psychological distress, code N[N]

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Person—type of psychological distress, code N[N]

Identifying and definitional attributes

Metadata item type:	Data Element
Short name:	Type of psychological distress
METEOR identifier:	634032
Registration status:	Health! , Standard 28/04/2016
Definition:	The type of psychological distress experienced by a person, as represented by a code.
Data Element Concept:	Person—type of psychological distress
Value Domain:	Type of psychological distress code N[N]

Value domain attributes

Representational attributes

Representation class:	Code
Data type:	Number
Format:	N[N]
Maximum character length:	2

	Value	Meaning
Permissible values:	1	Tired out for no good reason
	2	Nervous
	3	So nervous that nothing could calm you down
	4	Hopeless
	5	Restless or fidgety
	6	So restless that you could not sit still
	7	Depressed
	8	Like everything was an effort
	9	So sad that nothing could cheer you up
	10	Worthless

Collection and usage attributes

Guide for use:	This question is sourced from the Kessler-10 (K-10). The scale consists of ten questions about non-specific psychological distress and seeks to measure the level of current anxiety and depressive symptoms a person may have experienced in the four weeks prior to interview.
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Source and reference attributes

Submitting organisation:	Australian Institute of Health and Welfare
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Data element attributes

Collection and usage attributes

Guide for use: This data element should be used in conjunction with the data elements: [Person—frequency of symptoms, code N](#) and [Person—level of psychological distress, K-10 score of psychological distress code N](#).

Source and reference attributes

Submitting organisation: Australian Institute of Health and Welfare

Relational attributes

Related metadata references: See also [Person—frequency of symptoms, code N](#)
[Health!](#), Standard 28/04/2016

See also [Person—level of psychological distress, K-10 score of psychological distress code N](#)
[Health!](#), Standard 28/04/2016

Implementation in Data Set Specifications: [Psychological distress cluster](#)
[Health!](#), Standard 28/04/2016