Individualised care plan

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# Individualised care plan

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| Identifying and definitional attributes | |
| Metadata item type: | Outcome Area |
| METEOR identifier: | 624381 |
| Registration status: | [Health!](https://meteor-uat.aihw.gov.au/RegistrationAuthority/14), Standard 12/09/2016 |
| Description: | Before a patient with an [**acute coronary syndrome (ACS)**](https://meteor-uat.aihw.gov.au/content/628778) leaves the hospital, they are involved in the development of an individualised care plan. This plan identifies the lifestyle modifications and medicines needed to manage their risk factors, addresses their psychosocial needs and includes a referral to an appropriate cardiac rehabilitation or another secondary prevention program. This plan is provided to the patient and their general practitioner or ongoing clinical provider within 48 hours of the patient being discharged from hospital. |

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| Relational attributes | |
| Indicator sets linked to this outcome area: | [Clinical care standard indicators: acute coronary syndromes](https://meteor-uat.aihw.gov.au/content/612027)  [Health!](https://meteor-uat.aihw.gov.au/RegistrationAuthority/14), Standard 12/09/2016 |
| Indicators linked to this outcome area: | [Acute coronary syndromes: 6a-ACS patients with an individualised care plan](https://meteor-uat.aihw.gov.au/content/612083)  [Health!](https://meteor-uat.aihw.gov.au/RegistrationAuthority/14), Standard 12/09/2016  [Acute coronary syndromes: 6b-Patients discharged on aspirin or dual antiplatelet therapy](https://meteor-uat.aihw.gov.au/content/612085)  [Health!](https://meteor-uat.aihw.gov.au/RegistrationAuthority/14), Standard 12/09/2016  [Acute coronary syndromes: 6c-Patients discharged on lipid-lowering therapy](https://meteor-uat.aihw.gov.au/content/612087)  [Health!](https://meteor-uat.aihw.gov.au/RegistrationAuthority/14), Standard 12/09/2016  [Acute coronary syndromes: 6d-Patients referred to cardiac rehabilitation or other secondary prevention program](https://meteor-uat.aihw.gov.au/content/612089)  [Health!](https://meteor-uat.aihw.gov.au/RegistrationAuthority/14), Standard 12/09/2016  [Acute coronary syndromes: 6e-Discharge summary provided to general practitioner or ongoing clinical provider within 48 hours of separation from hospital](https://meteor-uat.aihw.gov.au/content/612091)  [Health!](https://meteor-uat.aihw.gov.au/RegistrationAuthority/14), Standard 12/09/2016 |
| Source and reference attributes | |
| Submitting organisation: | Australian Commission on Safety and Quality in Health Care |
| Reference documents: | ACSQHC (Australian Commission on Safety and Quality in Health Care) 2014. Acute coronary syndromes clinical care standard. Sydney: ACSQHC. |