

# **National Healthcare Agreement: PB d–Better health: by 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline, 2016**

**Exported from METEOR (AIHW's Metadata Online Registry)**

© Australian Institute of Health and Welfare 2024

This product, excluding the AIHW logo, Commonwealth Coat of Arms and any material owned by a third party or protected by a trademark, has been released under a Creative Commons BY 4.0 (CC BY 4.0) licence. Excluded material owned by third parties may include, for example, design and layout, images obtained under licence from third parties and signatures. We have made all reasonable efforts to identify and label material owned by third parties.

You may distribute, remix and build on this website's material but must attribute the AIHW as the copyright holder, in line with our attribution policy. The full terms and conditions of this licence are available at <https://creativecommons.org/licenses/by/4.0/>.

Enquiries relating to copyright should be addressed to [info@aihw.gov.au](mailto:info@aihw.gov.au).

Enquiries or comments on the METEOR metadata or download should be directed to the METEOR team at [meteor@aihw.gov.au](mailto:meteor@aihw.gov.au).

# National Healthcare Agreement: PB d–Better health: by 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline, 2016

## Identifying and definitional attributes

<b>Metadata item type:</b>	Indicator
<b>Indicator type:</b>	Indicator
<b>Short name:</b>	PB d–By 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline (Baseline specification), 2016
<b>METEOR identifier:</b>	598856
<b>Registration status:</b>	<a href="#">Health!</a> , Superseded 31/01/2017
<b>Description:</b>	Proportion of adults and children who are in the 'normal' <a href="#">Body Mass Index</a> (BMI) range.
<b>Indicator set:</b>	<a href="#">National Healthcare Agreement (2016)</a> <a href="#">Health!</a> , Superseded 31/01/2017
<b>Outcome area:</b>	<a href="#">Prevention</a> <a href="#">Health!</a> , Standard 07/07/2010

## Collection and usage attributes

<b>Population group age from:</b>	5 years
<b>Computation description:</b>	<p><a href="#">BMI</a> is calculated as weight (in kilograms) divided by the square of height (in metres).</p> <p>For adults, healthy weight is defined as a BMI of greater than or equal to 18.5 and less than 25.0.</p> <p>For children, healthy weight is defined as a 'normal' BMI (appropriate for age and sex), based on centile curves. See <i>ABS National Health Survey: Users' Guide Electronic Publication, 2007–08</i> (ABS Catalogue no. 4363.0.55.001) for BMI cutoff values for children.</p> <p>Rates are directly age-standardised to the 2001 Australian population.</p> <p>Excludes pregnant women where identified and people with an unknown BMI.</p> <p>Presented as a percentage.</p> <p>95% confidence intervals and relative standard errors calculated for rates.</p>
<b>Computation:</b>	$100 \times (\text{Numerator} \div \text{Denominator})$  Calculated separately for adults and children
<b>Numerator:</b>	<p><u>Adults</u>: Number of persons aged 18 years or over with a healthy body weight.</p> <p><u>Children</u>: Number of persons aged 5–17 years with a healthy body weight.</p>

**Numerator data elements:**

**Data Element / Data Set**

Adult—Body Mass Index

**Data Source**

[ABS Australian Health Survey \(AHS\), 2011-13 \(2011-12 Core component\)](#)

**Guide for use**

Data source type: Survey

**Data Element / Data Set**

Child—Body Mass Index

**Data Source**

[ABS Australian Health Survey \(AHS\), 2011-13 \(2011-12 Core component\)](#)

**Guide for use**

Data source type: Survey

**Data Element / Data Set**

Person—age

**Data Source**

[ABS Australian Health Survey \(AHS\), 2011-13 \(2011-12 Core component\)](#)

**Guide for use**

Data source type: Survey

**Denominator:**

Adults: Population aged 18 years or over

Children: Population aged 5–17 years

**Denominator data elements:**

**Data Element / Data Set**

Person—age

**Data Source**

[ABS Australian Health Survey \(AHS\), 2011-13 \(2011-12 Core component\)](#)

**Guide for use**

Data source type: Survey

**Disaggregation:**

State and territory.

Some disaggregation may result in numbers too small for publication.

**Disaggregation data elements:**

**Data Element / Data Set**

Person—area of usual residence

**Data Source**

[ABS Australian Health Survey \(AHS\), 2011-13 \(2011-12 Core component\)](#)

**Guide for use**

Data source type: Survey

**Comments:**

Most recent data available for 2016 National Healthcare Agreement performance reporting: 2011–12.

Baseline: 2007–08

NO NEW DATA FOR 2016 REPORTING.

2011–12 data are based on measured height and weight. BMI derived from measured height and weight is preferable to that derived from self-reported height and weight.

## Representational attributes

**Representation class:** Percentage

**Data type:** Real

**Unit of measure:** Person

**Format:** N[N.NN]

## Indicator conceptual framework

**Framework and dimensions:** [Health behaviours](#)

[Bio-medical factors](#)

## Data source attributes

**Data sources:**

**Data Source**

[ABS Australian Health Survey \(AHS\), 2011-13 \(2011-12 Core component\)](#)

**Data custodian**

Australian Bureau of Statistics

## Accountability attributes

**Reporting requirements:** National Healthcare Agreement

**Organisation responsible for providing data:** Australian Bureau of Statistics

**Benchmark:** [National Healthcare Agreement Performance Benchmark](#)

By 2018, increase by five percentage points the proportion of Australian adults and Australian children at a healthy body weight, over the 2009 baseline.

Refer: <http://www.federalfinancialrelations.gov.au/content/npa/healthcare/national-agreement.pdf>

**Further data development / collection required:** Specification: Final, the measure meets the intention of the indicator.

## Relational attributes

**Related metadata references:**

Supersedes [National Healthcare Agreement: PB d-Better health: by 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline, 2015](#)

[Health!](#), Superseded 08/07/2016

Has been superseded by [National Healthcare Agreement: PB d-Better health: by 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline, 2017](#)

[Health!](#), Superseded 30/01/2018

See also [National Healthcare Agreement: PI 03-Prevalence of overweight and obesity, 2016](#)

[Health!](#), Superseded 31/01/2017