Episode of care—mental health care phase, code N



© Australian Institute of Health and Welfare 2024

This product, excluding the AIHW logo, Commonwealth Coat of Arms and any material owned by a third party or protected by a trademark, has been released under a Creative Commons BY 4.0 (CC BY 4.0) licence. Excluded material owned by third parties may include, for example, design and layout, images obtained under licence from third parties and signatures. We have made all reasonable efforts to identify and label material owned by third parties.

You may distribute, remix and build on this website's material but must attribute the AIHW as the copyright holder, in line with our attribution policy. The full terms and conditions of this licence are available at https://creativecommons.org/licenses/by/4.0/.

Enquiries relating to copyright should be addressed to info@aihw.gov.au.

Enquiries or comments on the METEOR metadata or download should be directed to the METEOR team at meteor@aihw.gov.au.

Episode of care—mental health care phase, code N

Identifying and definitional attributes

Metadata item type: Data Element

Short name: Mental health care phase

METEOR identifier: 575244

Registration status: Independent Hospital Pricing Authority, Standard 15/10/2014

Definition: The primary goal of treatment within the episode of care in terms of the recognised

phases of mental health care, as represented by a code.

Data Element Concept: Episode of care—mental health care phase

Value Domain: Mental health care phase code N

Value domain attributes

Representational attributes

Representation class: Code

Data type: Number

Format: N

Maximum character length: 1

	Value	Meaning
Permissible values:	1	Acute
	2	Functional gain
	3	Intensive extended
	4	Consolidating gain
	5	Initial assessment
Supplementary values:	9	Not reported

Collection and usage attributes

Guide for use:

The primary goal of care that is reflected in the patient's mental health treatment plan.

It reflects a prospective assessment of the primary goal of care at the time of collection, rather than a retrospective assessment.

CODE 1 Acute

The primary goal of care is the short term reduction in severity of symptoms and/or personal distress associated with the recent onset or exacerbation of a psychiatric disorder.

CODE 2 Functional gain

The primary goal of care is to improve personal, social or occupational functioning or promote psychosocial adaptation in a patient with impairment arising from a psychiatric disorder.

CODE 3 Intensive extended

The primary goal of care is prevention or minimisation of further deterioration, and reduction of risk of harm in a patient who has a stable pattern of severe symptoms, frequent relapses or severe inability to function independently and is judged to require care over an indefinite period.

CODE 4 Consolidating gain

The primary goal of care is to maintain the level of functioning, or improving functioning during a period of recovery, minimise deterioration or prevent relapse where the patient has stabilised and functions relatively independently. Consolidating gain may also be known as maintenance.

CODE 5 Initial assessment

The primary goal of care is to obtain information, including collateral information where possible, in order to determine the intervention/treatment needs and to arrange for this to occur (includes brief history, risk assessment, referral to treating team or other service).

Source and reference attributes

Submitting organisation: Independent Hospital Pricing Authority

Data element attributes

Source and reference attributes

Submitting organisation: Independent Hospital Pricing Authority

Relational attributes

Related metadata references:

Has been superseded by Episode of care—mental health care phase, code N

Independent Hospital Pricing Authority, Standard 16/03/2016

Implementation in Data Set Specifications:

Implementation in Data Set Admitted patient mental health care cluster

Independent Hospital Pricing Authority, Standard 15/10/2014

Ambulatory patient mental health care cluster

Independent Hospital Pricing Authority, Standard 15/10/2014

Residential patient mental health care cluster

Independent Hospital Pricing Authority, Standard 15/10/2014