

# **National Healthcare Agreement: PB d-Better health: by 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline, 2015**

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# National Healthcare Agreement: PB d-Better health: by 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline, 2015

## Identifying and definitional attributes

<b>Metadata item type:</b>	Indicator
<b>Indicator type:</b>	Indicator
<b>Short name:</b>	PB d-By 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline (Baseline specification), 2015
<b>METEOR identifier:</b>	559074
<b>Registration status:</b>	<a href="#">Health!</a> , Superseded 08/07/2016
<b>Description:</b>	Proportion of adults and children who are in the 'normal' BMI range.
<b>Indicator set:</b>	<a href="#">National Healthcare Agreement (2015)</a> <a href="#">Health!</a> , Superseded 08/07/2016
<b>Outcome area:</b>	<a href="#">Prevention</a> <a href="#">Health!</a> , Standard 07/07/2010

## Collection and usage attributes

<b>Population group age from:</b>	5 years
<b>Computation description:</b>	<p><a href="#">Body Mass Index</a> (BMI) is calculated as weight (in kilograms) divided by the square of height (in metres).</p> <p>For adults, healthy weight is defined as a BMI of greater than or equal to 18.5 and less than 25.0.</p> <p>For children, healthy weight is defined as a 'normal' BMI (appropriate for age and sex), based on centile curves. See <i>ABS National Health Survey: Users' Guide Electronic Publication, 2007–08</i> (ABS Catalogue no. 4363.0.55.001) for BMI cutoff values for children.</p> <p>Rates are directly age-standardised to the 2001 Australian population.</p> <p>Excludes pregnant women where identified and people with an unknown BMI.</p> <p>Presented as a percentage.</p> <p>95% confidence intervals and relative standard errors calculated for rates.</p>
<b>Computation:</b>	$100 \times (\text{Numerator} \div \text{Denominator})$  Calculated separately for adults and children
<b>Numerator:</b>	<p><u>Adults</u>: Number of persons aged 18 years or over with a healthy body weight.</p> <p><u>Children</u>: Number of persons aged 5–17 years with a healthy body weight.</p>

**Numerator data elements:**

**Data Element / Data Set**  
Adult—Body Mass Index

**Data Source**  
[ABS Australian Health Survey \(AHS\), 2011-13 \(2011-12 Core component\)](#)

**Guide for use**  
Data source type: Survey

**Data Element / Data Set**  
Child—Body Mass Index

**Data Source**  
[ABS Australian Health Survey \(AHS\), 2011-13 \(2011-12 Core component\)](#)

**Guide for use**  
Data source type: Survey

**Data Element / Data Set**  
Person—age

**Data Source**  
[ABS Australian Health Survey \(AHS\), 2011-13 \(2011-12 Core component\)](#)

**Guide for use**  
Data source type: Survey

**Denominator:**

Adults: Population aged 18 years or over

Children: Population aged 5–17 years

**Denominator data elements:**

**Data Element / Data Set**  
Person—age

**Data Source**  
[ABS Australian Health Survey \(AHS\), 2011-13 \(2011-12 Core component\)](#)

**Guide for use**  
Data source type: Survey

**Disaggregation:**

State and territory.

Some disaggregation may result in numbers too small for publication.

**Disaggregation data elements:**

**Data Element / Data Set**  
Person—area of usual residence

**Data Source**  
[ABS Australian Health Survey \(AHS\), 2011-13 \(2011-12 Core component\)](#)

**Guide for use**  
Data source type: Survey

**Comments:** Most recent data available for 2015 National Healthcare Agreement (NHA) performance reporting: 2011–12.

Baseline: 2007–08

NO NEW DATA FOR 2015 REPORTING.

2011–12 data are based on measured height and weight. BMI derived from measured height and weight is preferable to that derived from self-reported height and weight.

## Representational attributes

**Representation class:** Percentage

**Data type:** Real

**Unit of measure:** Person

**Format:** N[N.NN]

## Indicator conceptual framework

**Framework and dimensions:** [Health behaviours](#)  
[Bio-medical factors](#)

## Data source attributes

**Data sources:**

**Data Source**

[ABS Australian Health Survey \(AHS\), 2011-13 \(2011-12 Core component\)](#)

**Data custodian**

Australian Bureau of Statistics

## Accountability attributes

**Reporting requirements:** National Healthcare Agreement

**Organisation responsible for providing data:** Australian Bureau of Statistics

**Benchmark:** [National Healthcare Agreement Performance Benchmark](#)

By 2018, increase by five percentage points the proportion of Australian adults and Australian children at a healthy body weight, over the 2009 baseline.

Refer: <http://www.federalfinancialrelations.gov.au/content/npa/healthcare/national-agreement.pdf>

[NPA on Preventive Health](#)

15(a): Increase in proportion of children at unhealthy weight held at less than five per cent from baseline for each state by 2013; proportion of children at healthy weight returned to baseline levels by 2015.

15(d): Increase in proportion of adults at unhealthy weight held at less than five per cent from baseline for each state by 2013; proportion of adults at healthy weight returned to baseline levels by 2015.

**Further data development / collection required:** Specification: Final, the measure meets the intention of the indicator.

## Relational attributes

**Related metadata references:**

Supersedes [National Healthcare Agreement: PB d-Better health: by 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline, 2014](#)

[Health!](#), Superseded 14/01/2015

Has been superseded by [National Healthcare Agreement: PB d-Better health: by 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline, 2016](#)

[Health!](#), Superseded 31/01/2017

See also [National Healthcare Agreement: PI 03-Prevalence of overweight and obesity, 2015](#)

[Health!](#), Superseded 08/07/2016

See also [National Indigenous Reform Agreement: PI 05—Prevalence of overweight and obesity, 2016](#)

[Indigenous](#), Superseded 01/07/2016

See also [National Indigenous Reform Agreement: PI 05—Prevalence of overweight and obesity, 2017](#)

[Indigenous](#), Superseded 06/06/2017