

National Healthcare Agreement: PB d-Better health: by 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline, 2013

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Identifying and definitional attributes

Metadata item type:	Indicator
Indicator type:	Indicator
Short name:	PB d-By 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline (Baseline specification), 2013
METEOR identifier:	498348
Registration status:	Health! , Superseded 30/04/2014
Description:	Proportion of adults and children who are in the 'normal' BMI range.
Indicator set:	National Healthcare Agreement (2013) Health! , Superseded 30/04/2014
Outcome area:	Prevention Health! , Standard 07/07/2010

Collection and usage attributes

Population group age from:	5 years
Computation description:	<p>Body Mass Index (BMI) is calculated as weight (in kilograms) divided by the square of height (in metres).</p> <p>For adults, healthy weight is defined as a BMI of greater than or equal to 18.5 and less than 25.0.</p> <p>For children, healthy weight is defined as a 'normal' BMI (appropriate for age and sex), based on centile curves. See <i>ABS National Health Survey: Users' Guide Electronic Publication, 2007–08</i> (ABS Catalogue no. 4363.0.55.001) for BMI cutoff values for children.</p> <p>Rates are directly age-standardised to the 2001 Australian population.</p> <p>Excludes pregnant women where identified and people with an unknown BMI.</p> <p>Presented as a percentage.</p> <p>95% confidence intervals and relative standard errors calculated for rates.</p>
Computation:	$100 \times (\text{Numerator} \div \text{Denominator})$ Calculated separately for adults and children
Numerator:	<p><u>Adults</u>: Number of persons aged 18 years or over with a healthy body weight.</p> <p><u>Children</u>: Number of persons aged 5–17 years with a healthy body weight.</p>

Numerator data elements: **Data Element / Data Set**
Child—Body Mass Index
Guide for use
Data source type: Survey

Data Element / Data Set
Adult—Body Mass Index
Data Source
[ABS Australian Health Survey \(AHS\), 2011-13](#)
Guide for use
Data source type: Survey

Denominator: Adults: Population aged 18 years or over

Children: Population aged 5–17 years

Denominator data elements: **Data Element / Data Set**
Person—age
Data Source
[ABS Australian Health Survey \(AHS\), 2011-13](#)
Guide for use
Data source type: Survey

Disaggregation: State and territory

Some disaggregation may result in numbers too small for publication.

Disaggregation data elements: **Data Element / Data Set**
Person—area of usual residence
Data Source
[ABS Australian Health Survey \(AHS\), 2011-13](#)
Guide for use
Data source type: Survey

Comments: Most recent data available for 2013 CRC report: 2011–12.

Baseline: 2007–08

2011–12 national data are based on measured values. BMI derived from measured height and weight is preferable to that derived from self-reported height and weight.

For detailed analysis by Indigenous status, see the *National Indigenous Reform Agreement* (NIRA) report.

Representational attributes

Representation class: Percentage

Data type: Real

Unit of measure: Person

Format: N[N.NN]

Indicator conceptual framework

Framework and dimensions: [Health behaviours](#)
[Bio-medical factors](#)

Data source attributes

Data sources:

Data Source

[ABS Australian Health Survey \(AHS\), 2011-13](#)

Frequency

Every 3 years

Data custodian

Australian Bureau of Statistics

Accountability attributes

Reporting requirements: National Healthcare Agreement

Organisation responsible for providing data: Australian Bureau of Statistics

Benchmark: [National Partnership Agreement on Preventive Health](#)

15(a): Increase in proportion of children at unhealthy weight held at less than five per cent from baseline for each state by 2013; proportion of children at healthy weight returned to baseline levels by 2015.

15(d): Increase in proportion of adults at unhealthy weight held at less than five per cent from baseline for each state by 2013; proportion of adults at healthy weight returned to baseline levels by 2015.

Further data development / collection required: Specification: Final, the measure meets the intention of the indicator.

Relational attributes

Related metadata references: Supersedes [National Healthcare Agreement: PB 03-By 2017, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline \(Baseline specification\), 2012](#)
[Health!](#), Superseded 25/06/2013

Has been superseded by [National Healthcare Agreement: PB d-Better health: by 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline, 2014](#)
[Health!](#), Superseded 14/01/2015

See also [National Healthcare Agreement: PI 03-Prevalence of overweight and obesity, 2013](#)
[Health!](#), Superseded 30/04/2014

See also [National Indigenous Reform Agreement: PI 05-Prevalence of overweight and obesity, 2014](#)
[Indigenous](#), Superseded 24/11/2014