

# Resource Utilisation Groups—Activities of Daily Living

Exported from METEOR (AIHW's Metadata Online Registry)

© Australian Institute of Health and Welfare 2024

This product, excluding the AIHW logo, Commonwealth Coat of Arms and any material owned by a third party or protected by a trademark, has been released under a Creative Commons BY 4.0 (CC BY 4.0) licence. Excluded material owned by third parties may include, for example, design and layout, images obtained under licence from third parties and signatures. We have made all reasonable efforts to identify and label material owned by third parties.

You may distribute, remix and build on this website's material but must attribute the AIHW as the copyright holder, in line with our attribution policy. The full terms and conditions of this licence are available at <https://creativecommons.org/licenses/by/4.0/>.

Enquiries relating to copyright should be addressed to [info@aihw.gov.au](mailto:info@aihw.gov.au).

Enquiries or comments on the METEOR metadata or download should be directed to the METEOR team at [meteor@aihw.gov.au](mailto:meteor@aihw.gov.au).

# Resource Utilisation Groups—Activities of Daily Living

## Identifying and definitional attributes

<b>Metadata item type:</b>	Glossary Item
<b>Synonymous names:</b>	RUG-ADL
<b>METEOR identifier:</b>	495909
<b>Registration status:</b>	<a href="#">Independent Hospital Pricing Authority</a> , Standard 31/10/2012 <a href="#">Health!</a> , Standard 04/04/2014 <a href="#">Tasmanian Health</a> , Standard 20/12/2016
<b>Definition:</b>	An assessment of patient motor function.
<b>Context:</b>	The Resource Utilisation Groups—Activities of Daily Living (RUG-ADL) scale measures the motor function of a patient for four activities of daily living.

## Collection and usage attributes

<b>Comments:</b>	RUG-ADL is a four-item scale measuring patient motor function for activities of daily living including: <ul style="list-style-type: none"><li>• Bed mobility</li><li>• Toileting</li><li>• Transfers</li><li>• Eating</li></ul>
------------------	---

The scoring scale for bed mobility, toileting and transfers is:

- 1 - Independent or supervision only
- 3 - Limited physical assistance
- 4 - Other than two person physical assist
- 5 - Two or more person physical assist

Note: A score of 2 is not valid for bed mobility, toileting and transfer items.

The scoring scale for eating is:

- 1 - Independent or supervision only
- 2 - Limited assistance
- 3 - Extensive assistance/total dependence/tube fed

The total RUG-ADL score (the sum of the individual scale items) will be a value between 4 and 18.

## Source and reference attributes

<b>Submitting organisation:</b>	Independent Hospital Pricing Authority
<b>Origin:</b>	Fries BE, Schneider DP et al. 1994. Refining a casemix measure for nursing homes. Resource Utilisation Groups (RUG-III). Medical Care 32:668-685.
<b>Reference documents:</b>	Palliative Care Outcomes Collaboration 2014. Palliative care outcomes collaboration: Clinical manual. Wollongong: University of Wollongong.

## Relational attributes

**Metadata items which use  
this glossary item:**

[Activity based funding: Admitted sub-acute and non-acute hospital care DSS 2013-2014](#)

[Independent Hospital Pricing Authority](#), Standard 11/10/2012

[Activity based funding: Mental health care NBEDS 2021–22](#)

[Health!](#), Superseded 17/12/2021

[Activity based funding: Mental health care NBEDS 2022–23](#)

[Health!](#), Standard 17/12/2021

[Admitted subacute and non-acute hospital care DSS 2014-15](#)

[Health!](#), Superseded 13/11/2014

[Admitted subacute and non-acute hospital care DSS 2015-16](#)

[Health!](#), Superseded 19/11/2015

[Admitted subacute and non-acute hospital care NBEDS 2016-17](#)

[Health!](#), Superseded 03/11/2016

[Admitted subacute and non-acute hospital care NBEDS 2017-18](#)

[Health!](#), Superseded 25/01/2018

[Independent Hospital Pricing Authority](#), Recorded 04/08/2016

[Admitted subacute and non-acute hospital care NBEDS 2018-19](#)

[Health!](#), Superseded 17/10/2018

[Admitted subacute and non-acute hospital care NBEDS 2019-20](#)

[Health!](#), Superseded 18/12/2019

[Admitted subacute and non-acute hospital care NBEDS 2020–21](#)

[Health!](#), Superseded 05/02/2021

[Admitted subacute and non-acute hospital care NBEDS 2021–22](#)

[Health!](#), Superseded 20/10/2021

[Admitted subacute and non-acute hospital care NBEDS 2022–23](#)

[Health!](#), Standard 20/10/2021

[Episode of admitted patient care—clinical assessment score, code NN](#)

[Independent Hospital Pricing Authority](#), Standard 30/10/2012

[Person—level of functional independence, Resource Utilisation Groups - Activities of Daily Living score code N](#)

[Health!](#), Superseded 23/12/2020

[Person—level of functional independence, Resource Utilisation Groups - Activities of Daily Living score code N](#)

[Health!](#), Standard 23/12/2020

[Resource Utilisation Groups—Activities of Daily Living score code N](#)

[Health!](#), Standard 23/12/2020

[Resource Utilisation Groups—Activities of Daily Living total score code N\[N\]](#)

[Health!](#), Standard 18/12/2019

[Tasmanian Health](#), Standard 06/05/2020