# **Group support activities**

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## **Group support activities**

## Identifying and definitional attributes

| Metadata item type:             | Glossary Item  |
|---------------------------------|--|
| METEOR identifier:              | 494964   |
| Registration status:            | Health!, Superseded 16/01/2020   |
| Definition:                     | Group support activities includes services that aim to improve the quality of life and psychosocial functioning of mental health consumers, through the provision of group-based social, recreational or prevocational activities. |
|                                 | In contrast to services in the <u>Mutual support and self-help</u> service type, Group support activities are led by a member of the NGO.  |
| Context:                        | Mental health non-government organisation establishments service type taxonomy.  |
| Collection and usage attributes |  |

#### Collection and usage attributes

Guide for use:

Distinguishing features:

- Delivered to groups of consumers simultaneously
- Primarily engage consumers in one or more social, recreational, prevocational or physical activities
- · Centre-based or conducted in community environments
- Led by an NGO employee or representative

#### Inclusions:

- Neighbourhood, community and drop-in centres
- Structured and unstructured community day programs
- Leisure and recreation activities
- Psychoeducational programs
- Clubhouses

#### Exclusions:

- Self-help and mutual support activities delivered on a group basis (these are reported under <u>Mutual support and self-help</u>)
- Group-based programs focused on assisting clients gain employment, education or vocational training (these are reported under <u>Education</u>, <u>employment and training</u>)

Example services:

- Helping Hands
- Pananga Clubhouse

### Source and reference attributes

| Submitting organisation:     | Australian Institute of Health and Welfare   |
|------------------------------|--|
| Relational attributes        |  |
| Related metadata references: | Has been superseded by <u>Group support activities</u><br><u>Health!</u> , Standard 16/01/2020                           |
|                              | See also <u>Mental health non-government organisation service type code N[N]</u><br><u>Health!</u> , Standard 13/11/2014 |

Metadata items which use this glossary item:

Group support activities mental health service type cluster Health!, Standard 13/11/2014

<u>Mental health non-government organisation establishments NBEDS 2015-</u> <u>Health!</u>, Standard 13/11/2014

Mental health non-government organisation grants cluster Health!, Superseded 16/01/2020

<u>Mutual support and self-help</u> <u>Health!</u>, Superseded 16/01/2020