

National Indigenous Reform Agreement: PI 07-Level of physical activity, 2011

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National Indigenous Reform Agreement: PI 07-Level of physical activity, 2011

Identifying and definitional attributes

Metadata item type:	Indicator
Indicator type:	Indicator
Short name:	PI07-Levels of physical activity, 2011
METEOR identifier:	425750
Registration status:	Indigenous , Superseded 01/07/2012
Description:	Proportion of Australians by level of physical activity, by Indigenous status.
Rationale:	Participation in sport, recreation or fitness has the potential to lead to improvement in long-term health, and physical and mental wellbeing. Long-term health gains obtained from increased participation by Indigenous Australians in such activities will contribute to closing the gap in life expectancy.
Indicator set:	National Indigenous Reform Agreement (2011) Indigenous , Superseded 01/07/2012
Outcome area:	Indigenous people remain healthy and free of preventable disease Indigenous , Standard 21/07/2010

Collection and usage attributes

Population group age from:	Persons aged 15 years and over
Computation description:	Crude rates are calculated for Indigenous Australians; age-standardised rates are calculated for Indigenous and non-Indigenous Australians. Confidence intervals and relative standard errors are calculated for crude and age-standardised rates. Rate ratios and rate differences are calculated for Indigenous:non-Indigenous. Presentation: Per 100 persons (percentage).
Computation:	100 x (Numerator ÷ Denominator).
Numerator:	People aged 15 years and over by level of physical activity (sedentary, low, moderate, high)

Numerator data elements:

Data Element / Data Set

Level of physical activity

Data Source

[ABS 2004-05 National Health Survey \(NHS\)](#)

Guide for use

Data source type: Survey

Data Element / Data Set

Level of physical activity

Data Source

[ABS 2004-05 National Aboriginal and Torres Strait Islander Health Survey \(NATSIHS\)](#)

Guide for use

Data source type: Survey

Data Element / Data Set

[Person—age, total years N\[NN\]](#)

Data Source

[ABS 2004-05 National Health Survey \(NHS\)](#)

Guide for use

Data source type: Survey

Data Element / Data Set

[Person—age, total years N\[NN\]](#)

Data Source

[ABS 2004-05 National Aboriginal and Torres Strait Islander Health Survey \(NATSIHS\)](#)

Guide for use

Data source type: Survey

Denominator:

Total population of people aged 15 years and over

Denominator data elements:

Data Element / Data Set

[Person—age, total years N\[NN\]](#)

Data Source

[ABS 2004-05 National Health Survey \(NHS\)](#)

Guide for use

Data source type: Survey

Data Element / Data Set

[Person—age, total years N\[NN\]](#)

Data Source

[ABS 2004-05 National Aboriginal and Torres Strait Islander Health Survey \(NATSIHS\)](#)

Guide for use

Data source type: Survey

Disaggregation:

National and state/territory, by level of physical activity for Indigenous Australians (crude rates).

National and state/territory, by level of physical activity by Indigenous status (age standardised rates).

Disaggregation data elements:

Data Element / Data Set

Level of physical activity

Data Source

[ABS 2004-05 National Health Survey \(NHS\)](#)

Guide for use

Data source type: Survey

Data Element / Data Set

Level of physical activity

Data Source

[ABS 2004-05 National Aboriginal and Torres Strait Islander Health Survey \(NATSIHS\)](#)

Guide for use

Data source type: Survey

Data Element / Data Set

[Person—Indigenous status, code N](#)

Data Source

[ABS 2004-05 National Health Survey \(NHS\)](#)

Guide for use

Data source type: Survey

Data Element / Data Set

[Person—Indigenous status, code N](#)

Data Source

[ABS 2004-05 National Aboriginal and Torres Strait Islander Health Survey \(NATSIHS\)](#)

Guide for use

Data source type: Survey

Data Element / Data Set

[Person—area of usual residence, geographical location code \(ASGC 2006\) NNNNN](#)

Data Source

[ABS 2004-05 National Health Survey \(NHS\)](#)

Guide for use

Data source type: Survey

Data Element / Data Set

[Person—area of usual residence, geographical location code \(ASGC 2006\) NNNNN](#)

Data Source

[ABS 2004-05 National Aboriginal and Torres Strait Islander Health Survey \(NATSIHS\)](#)

Guide for use

Data source type: Survey

Comments:

Most recent data available for 2011 CRC report: 2004-05 NATSIHS (Indigenous); 2004-05 NHS (non-Indigenous).

At this stage, data are available for non-remote areas only and for persons aged 15 years and over.

Rates are directly age standardised to the 2001 Australian ERP.

Data for this indicator can be found in the *Aboriginal and Torres Strait Islander Health Performance Framework* (indicator 2.22).

Baseline year for this indicator is 2006; target year is 2031.

Representational attributes

Representation class: Percentage

Data type: Real

Unit of measure: Person

Format: N[N].N

Indicator conceptual framework

Framework and dimensions:

[Health Behaviours](#)

Data source attributes

Data sources:

Data Source

[ABS 2004-05 National Health Survey \(NHS\)](#)

Frequency

Every 3 years

Data custodian

Australian Bureau of Statistics

Data Source

[ABS 2004-05 National Aboriginal and Torres Strait Islander Health Survey \(NATSIHS\)](#)

Frequency

Every 6 years

Data custodian

Australian Bureau of Statistics

Accountability attributes

Reporting requirements: National Indigenous Reform Agreement.

Organisation responsible for providing data: Australian Bureau of Statistics (ABS).

In the provision of data and quality statement ABS will have regard for the data quality assessments in the Aboriginal and Torres Strait Islander Health Performance Framework that are relevant to this indicator.

Further data development / collection required: Specification: Long-term.

Relational attributes

Related metadata references: Supersedes [National Indigenous Reform Agreement: P07-Levels of physical activity, 2010](#)

[Community Services \(retired\)](#), Superseded 04/04/2011

Has been superseded by [National Indigenous Reform Agreement: PI 07-Level of physical activity, 2012](#)

[Indigenous](#), Superseded 13/06/2013