

# National Indigenous Reform Agreement: P07-Levels of physical activity, 2010

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# National Indigenous Reform Agreement: P07-Levels of physical activity, 2010

## Identifying and definitional attributes

<b>Metadata item type:</b>	Indicator
<b>Indicator type:</b>	Indicator
<b>Short name:</b>	Levels of physical activity, 2010
<b>METEOR identifier:</b>	396450
<b>Registration status:</b>	<a href="#">Community Services (retired)</a> , Superseded 04/04/2011
<b>Description:</b>	Proportion of Australians by level of physical activity, by Indigenous status.
<b>Rationale:</b>	Participation in sport, recreation or fitness has the potential to lead to improvement in long-term health, and physical and mental wellbeing. Long-term health gains obtained from increased participation by Indigenous Australians in such activities will contribute to closing the gap in life expectancy.
<b>Indicator set:</b>	<a href="#">National Indigenous Reform Agreement (2010)</a> <a href="#">Community Services (retired)</a> , Superseded 04/04/2011
<b>Outcome area:</b>	<a href="#">Indigenous people remain healthy and free of preventable disease</a> <a href="#">Indigenous</a> , Standard 21/07/2010
<b>Data quality statement:</b>	<a href="#">National Indigenous Reform Agreement: P07-Level of physical activity, 2010 QS</a> <a href="#">Community Services (retired)</a> , Superseded 04/04/2011

## Collection and usage attributes

<b>Population group age from:</b>	Persons aged 15 years and over
<b>Computation description:</b>	Presentation: Percentage (crude and age standardised), rate ratios and rate difference including confidence intervals and relative standard errors for percentage.
<b>Computation:</b>	$100 \times (\text{Numerator} \div \text{Denominator})$
<b>Numerator:</b>	People aged 15 years and over by level of physical activity (sedentary, low, moderate, high)

**Numerator data elements:**

**Data Element / Data Set**  
Level of physical activity  
**Data Source**  
[ABS 2004-05 National Health Survey \(NHS\)](#)  
**Guide for use**  
Data source type: Survey

**Data Element / Data Set**  
Level of physical activity  
**Data Source**  
[ABS 2004-05 National Aboriginal and Torres Strait Islander Health Survey \(NATSIHS\)](#)  
**Guide for use**  
Data source type: Survey

**Data Element / Data Set**  
[Person—age, total years N\[NN\]](#)  
**Data Source**  
[ABS 2004-05 National Health Survey \(NHS\)](#)  
**Guide for use**  
Data source type: Survey

**Data Element / Data Set**  
[Person—age, total years N\[NN\]](#)  
**Data Source**  
[ABS 2004-05 National Aboriginal and Torres Strait Islander Health Survey \(NATSIHS\)](#)  
**Guide for use**  
Data source type: Survey

**Denominator:**

Total population of people aged 15 years and over

**Denominator data elements:**

**Data Element / Data Set**

[Person—age, total years N\[NN\]](#)

**Data Source**

[ABS 2004-05 National Health Survey \(NHS\)](#)

**Guide for use**

Data source type: Survey

**Data Element / Data Set**

[Person—age, total years N\[NN\]](#)

**Data Source**

[ABS 2004-05 National Aboriginal and Torres Strait Islander Health Survey \(NATSIHS\)](#)

**Guide for use**

Data source type: Survey

**Disaggregation data elements:**

**Data Element / Data Set**

[Person—Indigenous status, code N](#)

**Data Source**

[ABS 2004-05 National Health Survey \(NHS\)](#)

**Guide for use**

Data source type: Survey

**Data Element / Data Set**

[Person—Indigenous status, code N](#)

**Data Source**

[ABS 2004-05 National Aboriginal and Torres Strait Islander Health Survey \(NATSIHS\)](#)

**Guide for use**

Data source type: Survey

**Data Element / Data Set**

[Person—area of usual residence, geographical location code \(ASGC 2006\) NNNNN](#)

**Data Source**

[ABS 2004-05 National Health Survey \(NHS\)](#)

**Guide for use**

Data source type: Survey

**Data Element / Data Set**

[Person—area of usual residence, geographical location code \(ASGC 2006\) NNNNN](#)

**Data Source**

[ABS 2004-05 National Aboriginal and Torres Strait Islander Health Survey \(NATSIHS\)](#)

**Guide for use**

Data source type: Survey

**Comments:**

Disaggregation: National and state/territory by Indigenous status.

Most recent data available for 2010 CRC baseline report: 2004-05 (NATSIHS/NHS)

**Representational attributes**

**Representation class:** Percentage

**Data type:** Real

**Unit of measure:** Person

Format: N[N].N

## Indicator conceptual framework

Framework and dimensions: [Health Behaviours](#)

## Data source attributes

Data sources:

### Data Source

[ABS 2004-05 National Health Survey \(NHS\)](#)

#### Frequency

Every 3 years

#### Data custodian

Australian Bureau of Statistics

### Data Source

[ABS 2004-05 National Aboriginal and Torres Strait Islander Health Survey \(NATSIHS\)](#)

#### Frequency

Every 6 years

#### Data custodian

Australian Bureau of Statistics

## Accountability attributes

**Organisation responsible for providing data:** In the provision of data and quality statement the Australian Bureau of Statistics (ABS) will have regard to the data quality assessments in the Aboriginal and Torres Strait Islander Health Performance Framework (HPF) that are relevant to this indicator.

**Further data development / collection required:** Specification: Long-term

The 2010-11 NHS and NATSIHS is looking to extend this data item to collect data on physical activity in remote areas and among children.

Mechanisms for reporting annually in between surveys could be explored.

## Relational attributes

**Related metadata references:** Has been superseded by [National Indigenous Reform Agreement: PI 07-Level of physical activity, 2011](#)  
[Indigenous](#), Superseded 01/07/2012