Person—distress related to current imprisonment indicator, K-10 score of psychological distress

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# Person—distress related to current imprisonment indicator, K-10 score of psychological distress

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| Identifying and definitional attributes |
| Metadata item type: | Data Element |
| Short name: | Level of distress (K-10 score) |
| METEOR identifier: | 376093 |
| Registration status: | [Health!](https://meteor-uat.aihw.gov.au/RegistrationAuthority/14), Standard 19/11/2015 |
| Definition: | The level of distress experienced during the last 4 weeks by an imprisoned person, as represented by a code (score on the K-10 scale). |
| Data Element Concept: | [Person—distress related to current imprisonment indicator](https://meteor-uat.aihw.gov.au/content/376087)  |
| Value Domain: | [K-10 score of psychological distress](https://meteor-uat.aihw.gov.au/content/376091) |

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| Value domain attributes |
| Representational attributes |
| Classification scheme: | [K-10 score](https://meteor-uat.aihw.gov.au/content/376089)  |
| Representation class: | Code |
| Data type: | Number |
| Format: | N |
|   | **Value** | **Meaning** |
| Permissible values: | 1 | Low (score of 10-19) |
|   | 2 | Mild (score of 20-24) |
|   | 3 | Moderate (score of 25-29) |
|   | 4 | Severe (score of 30-50) |
| Supplementary values: | 9  | Not stated/inadequately described  |

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| Collection and usage attributes |
| Guide for use: | This item records the score on the Kessler -10 (K-10), which is a standardised measure of non-specific psychological distress. The K-10 is based on questions about the level of nervousness, agitation, psychological fatigue and depression during the last 4 weeks. It is designed to discriminate between those people who have a serious mental illness and those who do not. The responses for each question 1-10 are recorded:

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| 1 | None of the time |
| 2 | A little of the time |
| 3 | Some of the time |
| 4 | Most of the time |
| 5 | All of the time |

Add the combined codes to create an overall numeric value of the level of psychological distress:-Low: as indicated by a score of 10-19-Mild: as indicated by a score of 20-24-Moderate: as indicated by a score of 25-29-Severe: as indicated by a score of 30-50  |

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| Data element attributes  |
| Source and reference attributes |
| Submitting organisation: | Australian Institute of Health and Welfare |
| Relational attributes |
| Related metadata references: | Supersedes [Prison entrant—distress related to current imprisonment indicator, yes/no/not applicable code N](https://meteor-uat.aihw.gov.au/content/376102)[Health!](https://meteor-uat.aihw.gov.au/RegistrationAuthority/14), Superseded 28/04/2016 |
| Implementation in Data Set Specifications: | [Prison dischargee DSS](https://meteor-uat.aihw.gov.au/content/482303)[Health!](https://meteor-uat.aihw.gov.au/RegistrationAuthority/14), Superseded 28/04/2016 |