

# Person—distress related to current imprisonment indicator, K-10 score of psychological distress

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# Person—distress related to current imprisonment indicator, K-10 score of psychological distress

## Identifying and definitional attributes

<b>Metadata item type:</b>	Data Element
<b>Short name:</b>	Level of distress (K-10 score)
<b>METEOR identifier:</b>	376093
<b>Registration status:</b>	<a href="#">HealthI</a> , Standard 19/11/2015
<b>Definition:</b>	The level of distress experienced during the last 4 weeks by an imprisoned person, as represented by a code (score on the K-10 scale).
<b>Data Element Concept:</b>	<a href="#">Person—distress related to current imprisonment indicator</a>
<b>Value Domain:</b>	<a href="#">K-10 score of psychological distress</a>

## Value domain attributes

## Representational attributes

<b>Classification scheme:</b>	<a href="#">K-10 score</a>	
<b>Representation class:</b>	Code	
<b>Data type:</b>	Number	
<b>Format:</b>	N	
	<b>Value</b>	<b>Meaning</b>
<b>Permissible values:</b>	1	Low (score of 10-19)
	2	Mild (score of 20-24)
	3	Moderate (score of 25-29)
	4	Severe (score of 30-50)
<b>Supplementary values:</b>	9	Not stated/inadequately described

## Collection and usage attributes

**Guide for use:**

This item records the score on the Kessler -10 (K-10), which is a standardised measure of non-specific psychological distress. The K-10 is based on questions about the level of nervousness, agitation, psychological fatigue and depression during the last 4 weeks. It is designed to discriminate between those people who have a serious mental illness and those who do not. The responses for each question 1-10 are recorded:

- |   |                      |
|---|----------------------|
| 1 | None of the time     |
| 2 | A little of the time |
| 3 | Some of the time     |
| 4 | Most of the time     |
| 5 | All of the time      |

Add the combined codes to create an overall numeric value of the level of psychological distress:

-Low: as indicated by a score of 10-19

-Mild: as indicated by a score of 20-24

-Moderate: as indicated by a score of 25-29

-Severe: as indicated by a score of 30-50

## Data element attributes

### Source and reference attributes

**Submitting organisation:** Australian Institute of Health and Welfare

### Relational attributes

**Related metadata references:** Supersedes [Prison entrant—distress related to current imprisonment indicator, yes/no/not applicable code N](#)  
[Health!](#), Superseded 28/04/2016

**Implementation in Data Set Specifications:** [Prison dischargee DSS](#)  
[Health!](#), Superseded 28/04/2016