



report. This questionnaire asks respondents participation in physical activity during the previous week. The Standard Questions on Leisure Time Physical Activity Participation Among Adults are designed for individuals aged 18 years and over.

Currently, there is no Australian instrument that collects occupational physical activity.

The Expert Working Group for the Measurement of Physical Activity are currently developing an instrument suitable for the collection of occupational physical activity.

Related metadata: is used in conjunction with Physical activity version 0  
is used in conjunction with Physical activity - context version 0  
is used in conjunction with Physical activity - duration version 0  
is used in conjunction with Physical activity - intensity version 0  
is used in conjunction with Physical activity - type version 0

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### *Administrative Attributes*

Source Document: Standard Questions on Leisure Time Physical Activity Participation Among Adults (1999).

United States Department of Health and Human Services 1996. The Surgeon General's Report on Physical Activity and Health. Washington: US Government Printing Office.

Source Organisation: Australian Institute of Health and Welfare (AIHW)

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Comments: Where this information is collected by survey and the sample permits, population estimates should be presented by sex and 5-year age groups. Summary statistics may need to be adjusted for age and other relevant variables.

It is recommended that in surveys of physical activity participation, data on age, sex, other socio-demographic variables and, where it is possible and desirable to do so, that data on knowledge of and attitudes toward physical activity may also be collected.

International physical activity data collection instruments are currently being developed. Once these methods have been developed and validated they may be appropriate for use in Australian surveys and could be recommended in addition to, or to supersede the currently recommended standard instrument.

It is also recommended that when physical activity is investigated in relation to health, data on other risk factors including

